

Salads

with chicken - add \$2; with flank steak - add \$4
with duck breast, shrimp, coconut shrimp or scallops - add \$6

- Grandé Salad Platter**.....9.99
choose tuna OR chicken salad. A big, bold and beautiful platter with mixed field greens, olives, tomatoes, roasted red peppers, hard boiled eggs and cole slaw.
- 19 Chicken Taco Salad**.....9.99
a staff recommendation! Mixed field greens topped with lightly-seasoned chicken, onions, olives, tomatoes, jalapenos, sour cream and colby-jack cheese. Served in a homemade, edible taco bowl with salsa and ranch dressing. With chili - add \$1.
- 19 Flank Steak Caesar Salad**.....9.99
our caesar salad topped with marinated and grilled flank steak and fresh, diced tomatoes
- 19 Asian Chicken Salad**.....9.99
mixed field greens topped with grilled chicken, soybeans, sliced almonds and mandarin oranges and chow mein noodles, then drizzled with a sesame ginger dressing
- NEW! Buffalo Chicken Salad**.....8.99
mixed field greens topped with fried chicken tossed in buffalo sauce, diced tomatoes, red onion and cucumbers, then finished with our homemade crumble blue cheese dressing
- 19 Pear Salad**.....8.99
a house specialty! Mixed field greens with walnuts, fresh pears and goat cheese, then drizzled with a pear vinaigrette.
- Strawberry Salad**.....7.99
a real refresher! Romaine lettuce tossed with fresh strawberries, red onion and sweet, poppyseed dressing
- Spinach Salad**.....7.99
fresh baby spinach with bacon, tomatoes and hard boiled eggs, then finished with our house dijon dressing
- Caesar Salad**.....6.99
crisp romaine lettuce tossed with parmesan cheese, croutons and our homemade caesar dressing
- Chambers House Salad**.....4.99
mixed field greens topped with onions, olives, tomatoes, cucumbers, croutons and our house dijon dressing
- Chambers 19 Salad dressings: Caesar, Ranch, Russian, House Dijon, Pear Vinaigrette, Balsamic Vinaigrette, Raspberry Vinaigrette, Honey Mustard, Bleu Cheese, Poppyseed and Sesame Ginger**

Wraps

on your choice of spinach, honey wheat or garlic herb

- Chicken Caesar Wrap**.....8.99
moist chicken strips wrapped with fresh romaine lettuce and caesar dressing, then dusted with parmesan cheese
- 19 Fresh Veggie Wrap**.....8.99
zucchini, broccoli, carrots, red onion, yellow squash and bell peppers sautéed with a touch of teriyaki and parmesan cheese. With chicken - add \$2.
- Chicken Salad or Tuna Salad Wrap**.....8.99
served with crisp, iceberg lettuce and fresh tomatoes
- 19 Buffalo Chicken Wrap**.....8.99
fried chicken strips drizzled with a spicy Buffalo sauce and wrapped with lettuce and tomatoes
- NEW! Fatt Matt Burger Wrap**.....8.99
another Fatt Matt delectable! Our juicy burger with lettuce, tomatoes, fried onion petals and Texas Petal sauce
- NEW! California Wrap**.....8.99
fresh roasted turkey, avocado, lettuce, tomatoes and roasted red pepper aioli
- Rachel Wrap**.....8.99
fresh, thinly-sliced corned beef with Swiss cheese, cole slaw and Russian dressing in a garlic herb wrap
- Flank Steak Wrap**.....8.99
marinated and grilled flank steak wrapped with lettuce, tomatoes and roasted red pepper aioli
- Chicken & Portobello Wrap**.....8.99
marinated and grilled portobello and domestic mushrooms sautéed with chicken, garlic and a touch of parmesan
- Roast Beef Wrap**.....8.99
cold, very thinly-sliced Healthy Choice roast beef with baby spinach, diced tomatoes and house dijon dressing
- Roasted Turkey BLT Wrap**.....8.99
always satisfying! Fresh oven-roasted turkey wrapped with bacon, lettuce, tomatoes and mayo.